

Fun Fact!

In the Middle Ages most European Countries used a different calendar and celebrated New Years Day on March 25th!



DAILY BREAKFAST

CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), pancakes (=2), cinnamon Texas toast (=2) **OR** Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)
Must choose at least
 1: Fruit or Juice
May Choose 1: Milk
 Low Fat White Milk, Fat Free Flavored or Skim Milk

DAILY LUNCH CHOICES:

Choose 1: Entrée
Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)

Available Daily:

Meatless Entrée, Entrée Salads, Cold Sandwiches, Variety of Fruits & Juices
May Choose: 1 Milk; Low Fat White Milk, Fat Free Chocolate Flavored or Skim Milk

January

Monday

Tuesday

Wednesday

Thursday

Friday



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| <p>January is</p>  | <p>Visit nutrilslice.com for Menu & Nutrition Information</p>  | <p>#1 New Year's Resolution</p>  | <p>Menus are subject to change. We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas</p> |  |
| <p>4 No School</p> <p>Professional Development Day</p>  <p>No School For Students</p> | <p>5 Scrambled Egg & Cheese Pita</p> <p>Choose One: ♦ Herb Roasted Chicken, Penne Marinara and Breadstick ♦ Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Waffle Fries Seasoned Black Beans Romaine Side Salad</p> | <p>6 Maple Pancake Minis</p> <p>Choose One: Chicken Fajita with Tortillas Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers</p> | <p>7 Apple Cinnamon Texas Toast</p> <p>Choose One: Boneless Buffalo Chicken w Breadstick Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Greens, Deli Roasted Potatoes Mixed or Tossed Side Salad</p> | <p>8 Chicken Breakfast Bites</p> <p>Choose One: Sweet Thai Chili Chicken over Rice with Roll Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip</p> |
| <p>11 Pancake Pup</p> <p>Choose One: Firecracker Chicken w/Rice & Roll Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Baked Beans Oven Fries Veggie Dippers</p> | <p>12 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Chicken Souvlaki On Flatbread Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Broccoli Sliced Carrots Romaine Side Salad</p> | <p>13 Glazed WG Dunker</p> <p>Choose One: Popcorn Chicken with Breadstick Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Green Beans Mashed Potato & Gravy Sliced Cucumbers</p> | <p>14 Chicken Biscuit</p> <p>Choose One: Beef or Pork Tacos Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Refried Fiesta Beans Corn Mixed or Tossed Side Salad</p> | <p>15 Sausage Gravy Breakfast Toast</p> <p>Choose One: Mini Calzones Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Spinach or Collard Greens Marinara Cup Carrots with Dip</p> |
| <p>18 No School</p> <p><i>I Have A Dream</i></p>  <p>Martin Luther King, Jr. Day</p> | <p>19 Sausage Biscuit</p> <p>Choose One: Chicken & Broccoli Penne Alfredo with Breadstick Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Green Beans • Carrots Romaine Side Salad</p> | <p>20 Egg & Cheese Breakfast Sandwich</p> <p>Choose One: Chicken Nuggets with Roll Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Baked Beans Sweet Potato Waffle Fries Sliced Cucumbers</p> | <p>21 Cinnamon Roll</p> <p>Choose One: Giorgio Cheesy Bread Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Marinara Cup Seasoned Black Beans Broccoli Mixed or Tossed Side Salad</p> | <p>22 Ham & Cheese Croissant</p> <p>Choose One: Meatball Sub Asst. Entrée Salads Asst Hot & Cold Sandwich Choose: Seasoned Curly Fries Mixed Vegetables Carrots with Dip</p> |
| <p>25 Breakfast Sausage Bagel</p> <p>Choose One: Beef Dippers with Rice & Roll Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Broccoli Corn Fresh Veggie Dippers</p> | <p>26 Scrambled Egg & Cheese Pita</p> <p>Choose One: ♦ Turkey Tetrazzini with a Roll ♦ Asst. Entrée Salad Asst. Hot & Cold Sandwich Choose: Waffle Fries Seasoned Black Beans Romaine Side Salad</p> | <p>27 Maple Pancake Minis</p> <p>Choose One: Chicken Fajita with Tortillas Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers</p> | <p>28 Apple Cinnamon Texas Toast</p> <p>Choose One: Boneless Buffalo Chicken w Breadstick Asst. Entrée Salads Asst. Hot & Cold Sandwich Choose: Greens, Deli Roasted Potatoes Mixed or Tossed Side Salad</p> | <p>29 Chicken Breakfast Bites</p> <p>Choose One: Sweet Thai Chili Chicken over Rice with Roll Asst. Entrée Salad Asst. Hot & Cold Sandwich Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip</p> |